



**WELCOME TO THE**  
**RELAUNCH OF THE**  
**CASTLE ROCK**  
**CATERING DEPARTMENT**  
**AND DINING FACILITIES**



## Our Catering Department

I would like to take this opportunity to introduce myself and the wonderful catering team we already have in place here at Castle Rock High School.



My name is Sarah Nash and I am your new Catering Manager. I have been working in the Catering and Hospitality Trade for over 30 years. I love my job and really enjoy working alongside Ana (cook), Lisa (assistant cook), Jane, Julie, Lynsey, Jeanette, Leanne and Karen. We all work extremely hard each day to ensure fresh, healthy and nutritional food is available throughout the day for each and every student. Catering for a huge variety of tastes from freshly made sandwiches to traditional roast dinners.

We will continue to develop our dining area and offer great facilities including a breakfast club, and an after school twilight club where students can purchase food whilst accessing clubs and activities. These sessions are fully supervised by our Care and Guidance Team alongside the Catering Team and offers a safe environment for your child before and after school.

Attendance of the clubs is free of charge and food can be purchased at both sessions. There is no need to book in advance and can be attended by the students on an ad-hoc basis.

All our dishes are homemade, using the finest ingredients. Our new menus are in line with the school food plan which is a set of standards launched by the Department of Education. These standards allow us to create imaginative, flexible and nutritious menus which ultimately will improve the academic performance of your child and the health of our nation.

In the coming months, myself and the senior leadership team will be working towards Castle Rock gaining the Healthy Schools Award. This is a whole school approach and will fully involve students in the evaluation. We will ensure the student's voice is heard through school council, diner focus groups and conducting student surveys.

## Dining Hall Facilities

Our dining facilities are a large part of day-to-day school life at Castle Rock.

We continuously look at how we can improve the overall catering experience from the students' perspective. All our catering is in-house allowing us to write and create our own menus, constantly improving the quality and variety of food. We listen to students and have implemented a state-of-the-art multimedia system and display screens.

The catering team are constantly striving to bring innovation to meal times –each year we hold special menu days for Halloween and Christmas, and various theme days introducing delicious food from around the world. (Last year we held 11 theme days)

Students make good use of the dining facilities - hot food, drinks and snacks are available at the following times:

- Breakfast Club - 08.15 to 08.40
- Break Time - 11.10 to 11.25 and 10.40-10.55 (Tuesday)
- Lunch Time - 12.30 to 13.20 and 12.45-13.35 (Tuesday)
- Twilight Club - 15.40 to 16.30 and 16.00 (Friday)

Packed lunches brought into school may be eaten in the dining hall.



## **Our Menu and Food Costs**

The school works hard to ensure the menu we offer your child is the best value for money possible as well as being nutritious and healthy.

Examples of our meal deals can be seen below, these offers are available at lunch time each day:-

### **A Veggie Sandwich Meal Deal £2.30**

Includes a freshly made sandwich, bap or wrap with a homemade cake or biscuit and a bottle of water, cup of juice or milkshake.

### **A Meat or Fish Sandwich Meal Deal £2.50**

Includes a freshly made sandwich, bap or wrap with a homemade cake or biscuit and a bottle of water, cup of juice or milkshake.

### **Hot Food Meal Deal £2.70**

Includes a hot food main course meal, with a homemade cake or biscuit and a bottle of water, cup of juice or milkshake.

### **Hot Meal £2.00**

Hot meals include dishes such as, Jacket Potato with Cheese and Beans, Roast dinners with all the trimmings, Chicken Curry, Cottage Pie, Meatballs with Tagliatelle, Sweet chilli chicken, Traditional Home Made Lasagne, Spaghetti Bolognese, Sausages and Mash, Salmon Pasta Bake, Macaroni Cheese, Hot Meat Baguettes, Bagels and Paninis, Fresh Salads and Pasta dishes.

**We always have a Vegetarian alternative hot meal available daily.**

## **EXAMPLES OF OTHER FOOD PRICES**

### **Hot Food**

Jacket Potato (with one filling)	£1.80
Bacon Roll	£1.20
Homemade Pizza	£1.00
Toasted Bagel/Waffle	70p
Toast	25p

### **Cold Food**

Veggie Sandwiches, Baps and wraps	£1.60
Meat or Fish Sandwiches, Baps and wraps	£1.80
Baguettes	from £2.00
Pasta Pots	from £1.00
Fresh Fruit Salad	from 65p
Homemade Cake	from 70p
Homemade Mousses/Jellies/Yogurt & Fruit	from 65p

### **Drinks**

Flavoured Water	80p
Milkshake – 7oz Cup	55p
Orange/Apple Juice – 7oz Cup	50p
Bottled Water	50p – 75p

### **Allergy Information**

Should your child have a food/drink allergy or any individual requirements we can arrange for you to meet with a member of our Care and Guidance team and our Catering Manager where you can discuss your child's individual requirements.

Sarah Nash is very happy to work with parents to ensure that all children have the ability to access the dining facilities and welcomes your comments and suggestions. Should you wish to arrange a meeting please contact the main school office.

All grab and go food has an allergy label attached and all the hot food and cakes served daily have clear allergy tick signs displayed in the diner. Diner staff are always available to ask during every service.

## **CASHLESS CATERING SYSTEM**

As you may also be aware the school operates a cashless catering system within the school. This system incorporates the latest technology and eliminates the need for pupils to carry cash throughout the day thus reducing the risk of bullying. It is a biometric system so there is no need for pupils to carry a card as the system will recognise the thumb of your child at the revaluation pay points and at the tills.

Any amount of money can be paid into a pupil's account (minimum on line payment of £10), and any money spent on food & drink will be deducted on a daily basis.

We have two payment options available to you – **online payments or coin and note payments at the revaluation pay-points.**

All payment options are explained further on the school website along with detailed instructions on how to access the online payment system.



A daily 'spend limit' of **£5.00** is programmed into the system. This can be increased or decreased for an individual student by making a written request to the school finance office.

Further information regarding the cashless system will be given to parents during the induction process.